

North Houston Swing Dance Club

Saturday August 29th, 2009

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Lets get to it!

Class Notes

Our **Intermediate Class** strung together an incredible series of moves that were West Coast Swing at its finest. Y'all got it goin' on!

Ann taught the Basic Step, a Left Side Pass, a Spinning Left Side Pass, a Right Side Pass, a Walk Around and then finished up with a One Arm Tuck Turn. I took a video of y'all at the end of the class so I could remember all the moves. When I watched it, I couldn't believe how good this class is doing! Most of all, I saw that you were all dancing in time to the music too! Your rhythm is developing right along with your knowledge of dance patterns. Way to go!

Bryan Spivey, with Lisa assisting, taught a variation of the Inside Whip Step in our **Advanced Class**. Here's a move to use to stretch or hold a part in a song that does just that. It stretches the vocal, or instrumental part, so your dance can do it too. After count FOUR, pivot and sink (Bend in the knees a bit and slightly sit back). Then complete the inside turn as you choose. Count that as: ONE, TWO, THREE AND FOUR, SINK, THROUGH, SEVEN AND EIGHT.

Bobby Pritchard reviewed the moves he's been teaching over the last few weeks in the Advanced Patterns and **Footwork** class, then added a killer new move. Its a variation on the Inside Turn. Here's a move where both the guys and the gals get involved. Fellas, lead an Inside Turn with your normal connection. As your lady turns, use your right hand to connect to her right armpit (ewwww!!). The lady ducks and completes her head roll and turn. The fella traps her right arm,

the lady pivots her legs, knees connected, and pops her head up right on beat. This is perfect for hitting a break in the music, or accenting something you hear in a song. Check out Rhonda's styling in the photo attached below.



Social Calendar

Be sure to get up to Dallas on Sep 3-6 for Dallas DANCE. We've got a lot of members heading up for this one. Its one of the biggest West Coast Swing Dance events in the country. Not only are the top Pro's in the world attending, but Dallas DANCE also has some of the best social dancing you'll find anywhere. Non-stop. And all day and night!! Check out <http://www.dallasdance.com/> for more info.

Thursday, September 17th....Our Member Appreciation Pizza Party.

The Texas State Dance Association (TSDA) will be held in Dallas too on October 30 - November 1, 2009. Check this out....the weekend pass is only \$50.00, and the cost to enter any competition (except Jack and Jill)

is... ZERO!! Nada! Nothing! You can dance with your partner in a Strictly Swing, or dance with a Pro for a ProAm, for free! What a deal! Here's the link for more info: <http://www.texasclassic.com/>.

Music

One of the newer songs I played Thursday night is a song by Will.I.Am (featuring John Legend). The song is called Swing By My Way. Although its listed in the Hip Hop genre, its much more of a R&B style. Listening to this tune, you can use the stretch and sit moves that Bryan taught, the 'Head Duck and Hit It' move that Bobby and Rhonda taught, and you can use all the moves that you learned in Ann's class. Check it out. Download it. Dance to it!

Do you have a favorite song that you'd like to hear? Let us know!

Anything else?

Oh!.....good cookies and snacks too!! Did you enjoy that?? Woo Hoo!!!

Pictures











See you all next week!

Wayne